

## Who's Who at the Health Centre

Dr. Sam left the Practice at the end of March.  
We wish him every success in his new venture.

We welcome Nicola who joined us in April.  
Nicola is an Advanced Nurse Practitioner.

### Doctors

Dr. Mamman  
Dr Marthi  
Dr Schofield  
Dr. Chris  
Dr Amin  
Dr Ahmed  
Dr Sefton

### Nurses

Elaine Advanced Nurse Practitioner  
Nicola Advanced Nurse Practitioner  
Lorraine Practice Nurse  
Caroline Practice Nurse  
Lizzie Practice Nurse  
Lorelle Health Care Assistant

**Practice Manager** Jane  
**Secretaries** Marie  
Adele

### Reception Team

Elaine  
Andrea  
Amber  
Leah  
Jodie  
Jackie  
Lindsey

### Administration Team

Hilary  
Debbie  
Lisa  
Karen  
Angela  
Hannah

### **Contact information**

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Castleton Health Centre

# Newsletter

Spring 2019.



The winners of the Star Awards 2018



Dr Chris

Dr Paterson

Winners of the people's STAR  
(The Nancy Fallon Memorial Award)

Congratulations

Congratulations also to

Dr Marthi, Debbie and Hilary who were nominated.

If you would like to show your appreciation or say "Thank you" to any of the Doctors, Nurses or Reception Staff now is the time. Nominations are open for this year's Star Awards. There are Five awards to celebrate and recognise GPs and Practice staff for the excellent work they do in the NHS Heywood, Middleton and Rochdale CCG Group.

Nomination forms are available from Reception or can be downloaded at [www.hmr.nhs.uk/hmrstarawards](http://www.hmr.nhs.uk/hmrstarawards) or email [hmrcommunications@nhs.net](mailto:hmrcommunications@nhs.net) or call 01706 652853

The closing date for nominations is 28<sup>th</sup> June 2019

The Awards will be announced on Friday 27<sup>th</sup> September 2019.

## Open Mornings

In June last year we held a very successful Men's Health Morning which was attended by 96 men. The atmosphere was light hearted, staff were dressed in football shirts and the Health Centre was decorated with football flags to celebrate the World Cup.

On a more serious note the men who attended were able to have blood tests taken and to receive help and advice on diet, exercise etc. Some outside agencies including Mind, Prostate Cancer and The Stephen Gartland Foundation came along to raise awareness and HMR Circle, Andy's Man Club and Link4Life to advertise different leisure activities.

We hope to continue to hold Open Mornings and would be pleased to receive your ideas of topics.

### Carers' Afternoon

We are holding an afternoon for all Carers on

Thursday 13<sup>th</sup> June 2019 2.30pm -4.30pm

Please come and enjoy a tea or coffee with us.

**We are closed** weekends and Bank Holidays.

We are also closed on the 2<sup>nd</sup> Thursday of each month, in the afternoon, for staff training.

## Primary Care Nurses

A team of six nurses has been employed by Rochdale Health Alliance to provide a new service for our nursing home residents across the Borough. Each resident will be visited annually and offered an assessment of their health and needs as well as a review of their long term conditions. The nurses will provide education and support for nursing home staff to better meet the needs of their residents.

The aim of this service is to ensure that residents are getting the best possible healthcare, tailored to their individual requirements. Where possible relatives and carers can be involved in these discussions.

The nurses have also delivered flu vaccines across HMR last year and will be doing this again this autumn.

### Prescriptions

Please remember to order your repeat prescription in plenty of time. This can be done online, in the box at the Health Centre or by post.  
**NOT** by telephone

**Extended hours** (late night surgery) is not available at the present time but will re-start from July.